

# c&c medical guidance

competent and compassionate



## Leandra - your compassionate health companion



**I make time for all your health issues**

### **Who am I?**

As a trained emergency nurse with five years of experience on the emergency ward at Triemli City Hospital and a total of fifteen years working in the healthcare sector, I have a broad knowledge and extensive professional experience. With my great passion for health issues and my ability to advise people, I am **the empathetic specialist** for your health issues.

### **What do I offer?**

I offer personalized online medical advice that goes far beyond the possibilities of a traditional medical consultation:

- General advice on medical topics
- Explaining diagnoses and making them understandable
- Targeted preparation and follow-up of doctor's visits
- Support with treatment decisions
- Long-term support for chronic illnesses

- Advice on medical prevention
- Support for family caregivers
- Strengthening patient competence (Empowerment)
- Medication advice
- Support after hospital stays

#### **What qualifies me**

- Many years of expertise in various areas of the healthcare sector
- Individual, holistic approach to your situation
- Empathetic listening and understanding of your concerns

#### **Who can profit from this offer?**

My English consultations are tailored to the needs of expats, whom I am happy to help navigate the Swiss healthcare system and overcome communication hurdles. In general, my services are suitable for anyone (including carertakers or family members) who seeks an in-depth, empathetic conversation and expert advice on their medical concerns.

#### **Fees**

- CHF 140 per hour (incl. short written summary of the key points of the meeting)
- Free 20-minute introductory meeting

#### **Important disclaimer**

I do not make medical diagnoses, prescribe medication or replace a visit to the doctor. My recommendations are based on my professional expertise.  
The responsibility for medical decisions is yours.

**I am looking forward to meeting you**

**Leandra Kissling**  
**ccmedicalguidance@gmail.com**  
**www.ccmmedicalguidance.ch**